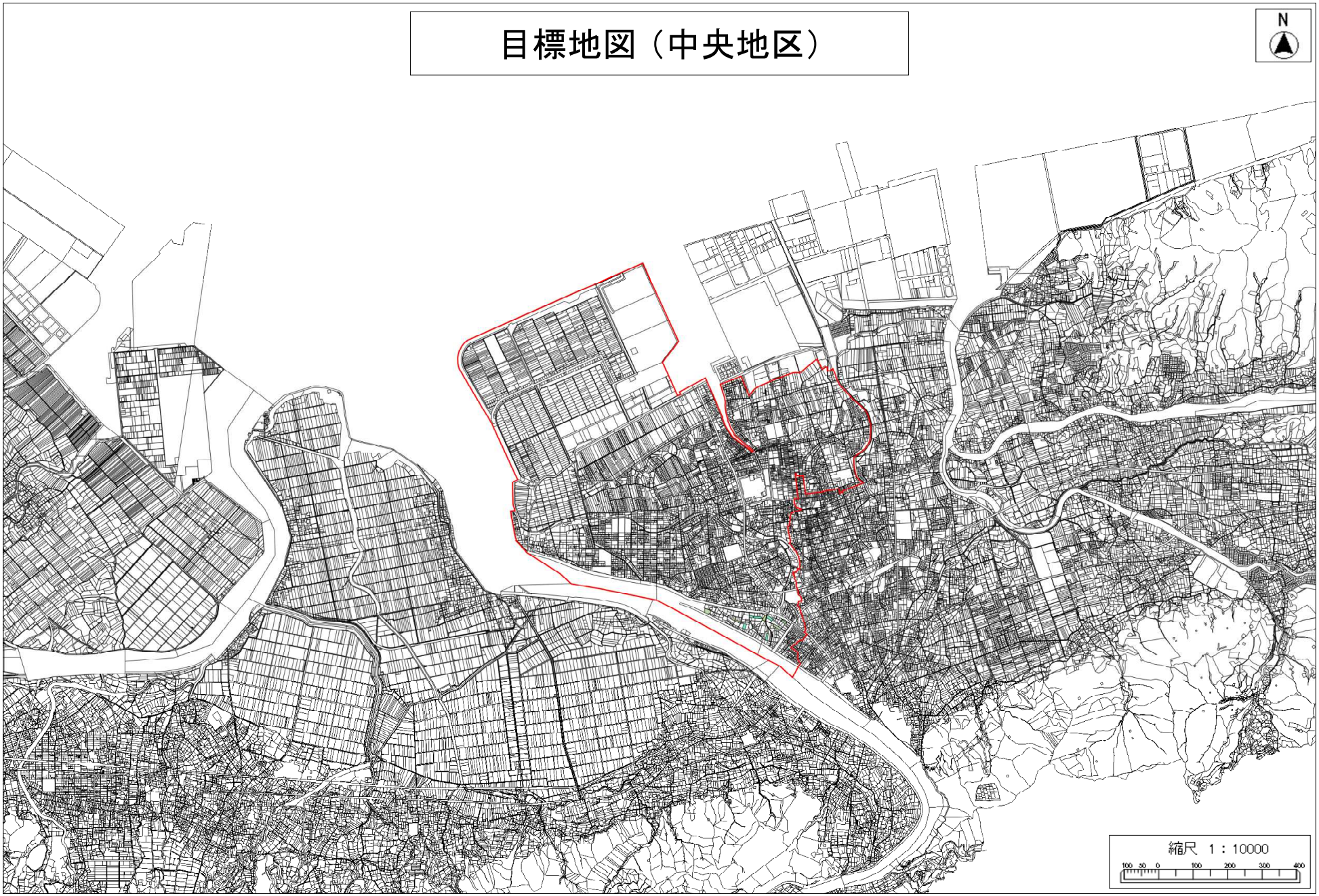目標地図（中央地区）