

To All Foreigners:

Starting on August 11th, an **Infection Countermeasure Period** will be active in Ehime Prefecture to actively try to reduce infections.

Currently, the number of people infected with the Delta variant of SARS-CoV-2 is increasing in Ehime Prefecture. The Delta variant is particularly contagious. Please exercise extreme caution.

Request to All Foreigners:

- ✓ Avoid leaving Saijo City. Especially avoid going to Matsuyama City as much as possible.

- ✓ Dissuade friends and family members living outside of Ehime Prefecture from visiting as much as possible.

- ✓ Avoid going to and returning from regions currently under states of emergency (the Tokyo Metropolis, Okinawa Prefecture, Saitama Prefecture, Chiba Prefecture, Kanagawa Prefecture, Osaka Prefecture, Ibaraki Prefecture, Tochigi Prefecture, Gunma Prefecture, Shizuoka Prefecture, Kyoto Prefecture, Hyogo Prefecture, and Fukuoka Prefecture) or semi-states of emergency (Hokkaido Prefecture, Ishikawa Prefecture, Fukushima Prefecture, Aichi Prefecture, Shiga Prefecture, Kumamoto Prefecture, Miyagi Prefecture, Toyama Prefecture, Yamanashi Prefecture, Gifu Prefecture, Mie Prefecture, Okayama Prefecture, Hiroshima Prefecture, Kagawa Prefecture, Ehime Prefecture, and Kagoshima Prefecture). Avoid meeting with people coming from the aforementioned places.

- ✓ When eating in groups, limit group sizes to no more than 4 people who all have regular contact with each other and refrain from staying for more than 2 hours.

✓ Avoid going to parties with large groups of people and events at restaurants, bars, and other eateries.

✓ Restrict outings to necessary activities.

✓ Wear a mask at all times. ✕Your mask should cover your nose and mouth.

✓ Disinfect your hands.

✓ If you feel unwell, go to a hospital immediately.

To protect the health and lives of everyone and their precious family members and friends, let's reduce the number of times we go outside and avoid meeting with people as much as possible.